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February 28, 2019

Charlevoix County News

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BOYNE CITY, CHARLEVOIX, EAST JORDAN, ELLSWORTH AND SURROUNDING AREAS

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WEDNESDAY, MARCH 20
 4-7pm at Castle Farms in Charlevoix

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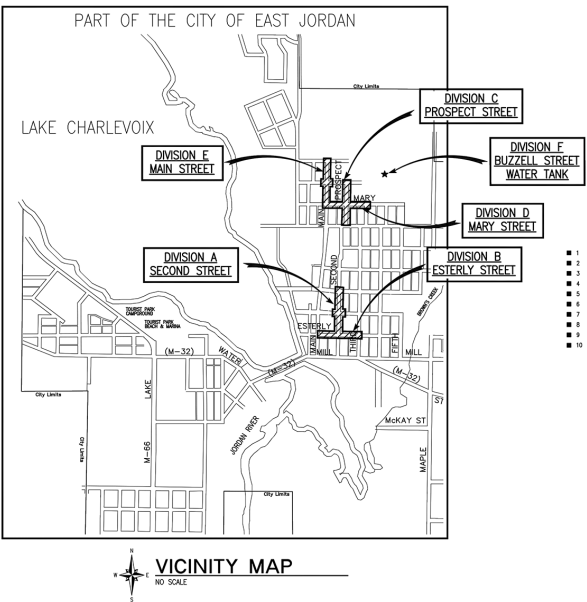
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Grant to be utilized for East Jordan improvements

BY JIM AKANS

The City of East Jordan will be making \$2.3million of infrastructure improvements beginning this spring, utilizing funds from the Community Development Block Grant (CDBG) program. The CDBG is funded through the MEDC, providing communities with resources to address a wide range of development needs.

Tom Cannon, East Jordan Administrator, states, "The \$2million CDBG grant will be matched with approximately

\$300,000 from water and sewer reserves. The biggest piece of the project is a new water tower. It will replace one built in 1909, which is still functioning today."

In addition to the new water tower, the project will address:

- Roads impacted at North Main, 2nd, Esterly, Mary and Prospect
- Water and sewer line replacement
- Stormwater improvements
- Road reconstruction after those upgrades

Cannon notes that the proj-

ects will go out for bids by early March. Awards are expected to be made in late March to early April. Construction will begin in the spring as weather permits.

He states, "As we look at growth and expansion of services in our area, this is very much needed."

GRAPHIC: The City of East Jordan will be making \$2.3million of improvements beginning this spring utilizing the Community Development Block Grant (CDBG) program. Courtesy image



Boys District Basketball Tournament Kicks Off

Rayders dominate in district opener

Charlevoix 66, St. Ignace 33

CHARLEVOIX -- When it comes times for the MHSAA tournament it's win or go home. The Charlevoix boys basketball team was not ready for their season to end and they came out with guns blazing as they rolled to a convincing 66-33 Division 3 district opening victory over St. Ignace on February 25.

Jacob Mueller led the Rayders with 14 points, while Ben Lentz added 10 and five others scored between five and seven points.

SEE MORE PHOTOS— Page 6B

LEFT: Charlevoix sophomore forward, Jacob Mueller (24) puts back a rebound for an easy two points. (Photo by Scott Richards)

ANNOUNCING THE BIG PRICE DROP ON EVERYDAY ITEMS ACROSS THE STORE

AD PRICES GOOD THRU MARCH 2, 2019

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Read the Obituaries each week from all around the area in the Charlevoix County News

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weather

THURSDAY



HIGH: 27
LOW: 14

FRIDAY



HIGH: 28
LOW: 20

SATURDAY



HIGH: 24
LOW: 7

snowfall

2016-17	AMT"	CITY	2017-18	AMT"	CITY	2018-19	AMT"	CITY
2/27/17	..52.8	..ATLANTA	2/26/18	..26.2	..ATLANTA	2/25/19	..54.8	..ATLANTA
2/27/17	..94.4	..BOYNE FALLS	2/26/18	..84	..BOYNE FALLS	2/25/19	..95.5	..BOYNE FALLS
2/27/17	..53.3	..CHARLEVOIX	2/26/18	..79.9	..CHARLEVOIX	2/25/19	..76.9	..CHARLEVOIX
2/27/17	..62	..CHEBOYGAN	2/26/18	..53.7	..CHEBOYGAN	2/25/19	..70.9	..CHEBOYGAN
2/27/17	..103	..EAST JORDAN	2/26/18	..116.8	..EAST JORDAN	2/25/19	..115.2	..EAST JORDAN
2/27/17	..163.4	..GAYLORD	2/26/18	..97.9	..GAYLORD	2/25/19	..132.6	..GAYLORD
2/27/17	..127.2	..KALKASKA	2/26/18	..87	..KALKASKA	2/25/19	..96.4	..KALKASKA
2/27/17	..50.6	..LEWISTON	2/26/18	..36.5	..LEWISTON	2/25/19	..57.5	..LEWISTON
2/27/17	..47.2	..MIO	2/26/18	..25.4	..MIO	2/25/19	..54.5	..MIO
2/27/17	..68	..ONAWAY	2/26/18	..56	..ONAWAY	2/25/19	..79.7	..ONAWAY
2/27/17	..105.3	..PETOSKEY	2/26/18	..99.9	..PETOSKEY	2/25/19	..127.3	..PETOSKEY

record temps

DAY	AVG	LOW	AVG	HIGH	RECORD LOW	RECORD HIGH
FEB 28	..14	...36	...17	(1963)	..55	(1998)
MAR 1	..14	...36	...27	(1962)	..58	(2000)
MAR 2	..15	...36	...29	(1962)	..51	(1998)
MAR 3	..15	...37	...24	(1972)	..64	(1974)
MAR 4	..15	...37	...16	(1978)	..60	(1974)
MAR 5	..16	...37	...12	(1978)	..57	(1983)
MAR 6	..16	...38	...20	(1972)	..66	(2000)
MAR 7	..16	...38	...13	(1978)	..70	(2000)
MAR 8	..17	...38	...19	(1982)	..80	(2000)
MAR 9	..17	...39	...20	(1963)	..72	(2000)

Judy Birch, 69

(NOV. 1, 1949 - FEB. 19, 2019)



Went to be with her Heavenly Father on February 19, 2019, age 69 years. Judy was born in Saginaw on November 1, 1949 to Gerald and Lillian (Knoll) Beyersdorf. She married Michael Birch on June 24, 1978.

Left to cherish her memory are her brother Gary (Bunny) Beyersdorf of Traverse City, Michigan; aunts, Margaret Weiss of Frankenthum; Dorothy Bertram of Traverse City; Donna McKibbin of Hemlock; and Ruth Kimsel of Saginaw. She also leaves behind many loving nieces and nephews as well as numerous cousins, other relatives, and nine wonderful godchildren. She was predeceased by her parents, sisters, brother-in-laws, and husband. The family would like to thank the staff at Boulder Park Rehabilitation in Charlevoix for the care that they gave her in her final days. Special thanks also to her nieces Ginger (Joe) Fowler, Teresa (Stacy) Padgett, and Heather (Levi) O'Brien for the care that they gave her over the past

two years.

Cremation has taken place at Judy's request. A memorial service will take place at 11:00 A.M. March 9, 2019 at St. Bartholomew Ev. Lutheran Church 997 E. Beaver Road, Kawkawlin, MI. Pastor Larry Seafert will officiate.

In lieu of flowers, the family asks to consider Michigan Lutheran Seminary or a memorial of your choice.

Rita Kay (McKinnon) Hurchick, 70

(FEB. 15, 1949 - FEB. 19, 2019)



Rita passed away peacefully in her sleep surrounded by her family on Feb. 19, 2019.

Rita was born in Des Moines, Iowa on Feb 15, 1949 to Ronald and Rose (Trudeau) McKinnon. Her family moved to Traverse City, MI in 1957. After arriving in TC, Rita spent 8 years attending Traverse City St. Francis School and her last two years of high school at Traverse City Senior High graduating with the class of 1967. She then went on to Northwestern Michigan College receiving an LPN

degree in 1969.

Rita married Mike Hurchick on September 6, 1969 which started the greatest adventure of their lives. Their goals were simple; start a family, raise them well and enjoy life to its fullest. Together they lived in Bremerton, Washington, Newport, Rhode Island, Traverse City, MI, Walloon Lake, MI, and Charlevoix, MI.

Rita worked at the Traverse City Osteopathic Hospital following graduation from NMC. She also worked at the Harrison Medical Center in Bremerton, Washington; Traverse City State Hospital in Traverse City, MI; Burns Clinic (General Surgery) in Petoskey and Bay Pines Veterinary Clinic in Petoskey. Rita retired in 2015.

While living in Traverse City in the late 70's, Rita was involved in starting and improving preschool education for disabled children through the Traverse Bay Intermediate School District. After moving to the Boyne City Area in 1981, Rita continued to be involved in improving Special Needs education through the CharEm ISD until her daughter Angela graduated in 2000. Starting in 1986 Rita was instrumental in growing Challenge Mountain of Walloon Hills, volunteering for over 30 years. She enjoyed working with the many clients and their families that came to CM along with all of the volunteers. She was a volunteer at the Bergmann Center in Charlevoix where her daughter Angela works. Rita was an original member of the Boyne City Eucharist Girls Club for 37 1/2 years. She was also a member of the Monday afternoon golf league at Ye Nynne Olde Holles golf club.

Rita loved her husband, children, grandchildren and extended family above all else. She cherished every friend she ever made and enjoyed spending time with them, whether it was going on adventures or just talking on the phone. Her "Happy Place" was the family cabin on the Manistee River where she always ended her day relaxing with a glass of wine by the campfire with family and friends. She enjoyed traveling, fly fishing, painting, golfing, kayaking, sailing (somewhat), skiing, snow shoeing, roller blading, biking, (did I say golf), reading and playing cards or board games. Rita was preceded in

OBITUARIES

death by her parents and her brother Roger McKinnon. She is survived by the love of her life Mike. Her children Kristi Lepird, Rhonda Flowers, and Angela Hurchick. Her grandchildren Chase Lepird, RJ Flowers, and Ryan Flowers. Her brothers Rick (Jean) McKinnon, Russ (Pat) McKinnon, and sister-in-law Sally (Dave) McKinnon. Many nieces and nephews that she loved dearly.

Rita requested that in lieu of flowers and plants that a donation in her name be given to the Challenge Mountain Endowment Fund, the Bergmann Center, Relay for Life, or a charity of your choice.

A "gathering" of family and friends will take place on Saturday, March 2, 2019 from 3:00 PM to 6:00 PM at Stone Funeral Home, Petoskey, Michigan. Cremation has taken place and interment will be at her Happy Place on the river this summer.

Robert Dean Nagel, 88

(JAN. 11, 1931 - FEB. 18, 2019)



On Monday, February 18, 2019, Robert D Nagel, loving husband, father and grandfather, passed away at the age of 88.

The third child of Emil and Orra Nagel, Bob graduated from the Breckenridge High School and soon after married his high school sweetheart, Barbara Muscott. The two had three children together, Rod, Roberta, and Randy. Bob served in the U.S. Army during the Korean War, and retired from the Dow Chemical Company in Midland, Michigan, last working as a lab technician.

An avid sports enthusiast, traveler, woodworker and card player, Bob and Barbara enjoyed golfing, square dancing, playing bridge and camping across the United States with their children and grandchildren. Bob served on the Board of Di-

rectors for the Breckenridge Library, and held various positions serving the First Congregational Church of Breckenridge.

Bob is survived by his wife Barbara Nagel of 69 years, married April 3, 1949, in Breckenridge, Michigan. Their sons: Rodney W. (Teri), Randal D. (Tracie) Nagel, and daughter Roberta. Grandchildren: Greg, Jessica, Drake (Amanda), Chloe, Addie, Laura (Aaron) Rasmussen, and their children Oliver, Eliot, and Hazel.

For those wishing, instead of sending flowers, please consider making a charitable gift in Bob's memory to: First Congregational Church, 830 Wright St., Breckenridge, MI 48615.

A celebration of his life will be scheduled for later this spring in Breckenridge, MI.

Melodie M. Grimes, 62

(MAY 29, 1956 - FEB. 23, 2019)



Melodie Marie Grimes passed away with family by her side February 23, 2019.

Born May 29, 1956 in Manistique, MI to Pearl and Douglas Bennett, the 7th of eight children. She graduated from Marlette High School, married Timothy Grimes on December 14, 1974 having two sons, Ryan and Timmy (Genevieve) and granddaughter Juniper (6 months old). Melodie loved her family immensely enjoying camping, hiking, traveling, and walking. Kayaking and canoeing the Platte River, Jordan and Sturgeon River along with Thumb Lake and Lake Charlevoix during the moon light were some favorite areas to explore.

Melodie worked as a paraprofessional at Birmingham Public Schools and retired in 2012. She was a member of Genesis church after being born again professing faith in Christ. Fighting the good fight of Faith she battled ovarian cancer over 6

years with her husband by her side, they would stay at Hope Lodge in Grand Rapids 215 nights meeting new friends who suffered together, laughed together, and loved each other through the many trials and tribulations.

She is survived by her loving husband Timothy; sons Ryan and Timmy (Genevieve) Grimes; and granddaughter Juniper; siblings Rebecca Bennett Zorn, Jackie Bennett DiMambro, Toni Bennett Jakubowski, John Bennett along 26 nieces and nephews.

Melodie is preceded in death by her parent Douglas Bennett and Pearl Heric Bennett; siblings Douglas John Bennett, Charles Francis Bennett, Sherry Bennett Geister.

A Memorial Service will be held at the First Presbyterian Church, 401 S. Park St. Boyne City at 11:00 am on Friday, March 1, 2019. Family will receive friends beginning at 10:30 a.m.

In lieu of flowers memorial contributions may be made to the Hope Lodge (American Cancer Society) Peter M. Wege Guest House, 129 Jefferson Ave. S.E. Grand Rapids, MI 49503.

Arrangements entrusted to Nelson Funeral Home & Cremation Service, PO Box 1548, Gaylord, MI 49734.

Ruth Naomi Blanchard, 86

(JAN. 18, 1933 - FEB. 19, 2019)

Ruth Naomi Blanchard of East Jordan died on Tuesday, February 19, 2019, at McLaren Northern Michigan Hospital.

Funeral services will be held on March 9, 2019, at 2:00 P.M. at the Penzien Funeral Home in East Jordan. Rev. David Behling will officiate. Interment will be held in the Spring at Brookside Cemetery, Charlevoix.

The family will receive friends on Friday, March 8, 2019, from 4:00 to 8:00 P.M. at the funeral home. In lieu of flowers, memorials may be directed to the Charlevoix County Humane Society or Hospice of Little Traverse Bay.

A complete obituary will follow.

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News

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“Fat Tuesday” is Paczki Day in the north!

BY JIM AKANS

“Take your burdens to the Mardi Gras. Let the music wash your soul. You can mingle in the street

You can jingle to the beat of Jelly Roll.” Paul Simon, 1973

It’s nearly Mardi Gras time. The celebration in New Orleans and surrounding areas takes place this year on March 5. Mardi Gras is the French term for “Fat Tuesday” and here in northern Michigan, and through the country, the focus of the celebration often zeros in on those delicious Paczki (pronounced poonch-key or punch-key).

While that may not be the “Jelly Roll” Mr. Simon was referring to (the leader of an early 20th century New Orleans jazz band); a paczek, the singular of paczki, is a whopping-sized version of a jelly or cream filled doughnut. A mouth-watering delight in Poland



There’s nothing like munching on a big ole “Jelly Roll” on Fat Tuesday. Wikipedia photo

from as far back as the Middle Ages, the Paczki is made with very rich ingredients; eggs, fats, sugar, yeast, milk...filled with either custard, cream, strawberry, blueberry, raspberry or apple filling. If that isn’t enough to raise your glucose level, they are often sprinkled with powder or granulated sugar. Pretty much the same as a jelly

doughnut, just larger and made with a richer dough.

Mardi Gras, Fat Tuesday and paczki all come together in a traditional Catholic day of celebration before the Lenten season begins on Ash Wednesday. It’s a way to “eat up” and indulge prior to the 40-day fasting leading to Easter Sunday.

The date of Fat Tuesday



The celebration of Mardi Gras was first recognized by Pope Gregory XIII in 1582 and originally began as a French Christian festival. Wikipedia photo

(aka Mardi Gras), like the date of Easter Sunday, changes every year. The site, New Orleans Online, notes, “The date for Mardi Gras day, also known as Fat Tuesday, changes every year. However, if you want to calculate Mardi Gras’

date for any given year, just remember, it is always the day before Ash Wednesday, which is 46 days before Easter Sunday. Mardi Gras day is the very last day of Carnival season—we tend to end things on a high note in New Orleans.”

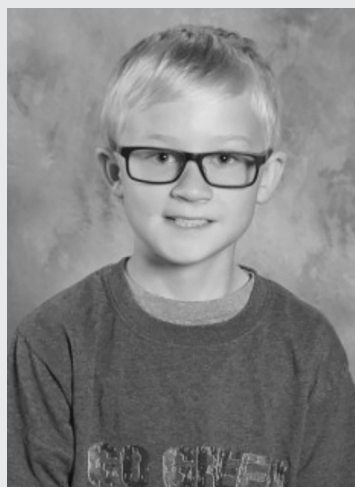
They add that “Mardi Gras, or Fat Tuesday, refers to events of the Carnival celebration, beginning on or after the Christian feasts of the Epiphany (Three Kings Day) and culminating on the day before Ash Wednesday (known as Shrove Tuesday). Mardi Gras is French for “Fat Tuesday”, reflecting the practice of the last night of eating rich, fatty foods before the ritual fasting of the Lenten season.”

Paczki certainly fits the bill. Calorie count? That depends on the filling and preparation of the dough, but a general target is about 500 per paczek with around 25 grams of fat. Not too bad if you skip lunch, and avoid the urge to grab a second one!



Boyne Falls Public Schools

STUDENT OF THE WEEK



Weston James

Grade: 4

Parent’s Name(s): Amanda and Chad

What do you want to be when you grow up? I want to work at Van Dam Custom Boats in Boyne City with my dad and build giant boats.

Favorite Book: Treasure Hunters

Hobbies and Interests: Playing video games like MineCraft, play with my dog Monty, build Legos with my brother.

School Activities: Crazy 8s Math Club, kindergarten buddies, meeting my AR goal, reading, and math

Staff Comments: Weston loves to learn and read. He is a wonderful fourth grade student who works hard, is a quiet helper, positive role model, and always respectful.

Submitted By: Mrs. Wind

Blizzard and high winds cause power outages, hazardous driving conditions throughout the area

BY MICHELLE MEDJESKY

CHARLEVOIX COUNTY - A late February blizzard paralyzed parts of Charlevoix County earlier this week leaving power outages, car accidents and both road and widespread school closures in its wake.

Meteorologist Matt Gillen with the National Weather Service in Gaylord reported the highest wind gusts during the roughly 24 hour-long blizzard in either Charlevoix or neighboring Emmet Counties was in fact recorded at 64 mph in Ironton, which lies between East Jordan and Charlevoix.

Traffic along a portion of M-66 at Ironton had to be detoured during Sunday’s storm because of a downed

power line due to powerful wind gusts.

Gillen said wind speeds of 61 mph during the storm were also reported at Charlevoix Municipal Airport and also at a site about 3 miles west of the community of Bay Shore, which is east of Charlevoix off U.S. 31.

In Emmet County, high wind speeds at Pellston Regional Airport were recorded at 59 mph and gusts rolled through Petoskey at 51 mph, Gillen noted.

Charlevoix County Sheriff Chuck Vondra said issues began as the blizzard picked up momentum around 5 p.m. Sunday, February 24. He said freezing rain turned to snow and whiteout conditions quickly emerged with blowing and

drifting snow making road conditions hazardous and causing vehicles to either crash or get stuck in snow drifts. No serious injuries were reported.

Vondra said traffic issues may have been amplified had so many people not stayed off the roads as advised.

Law enforcement closed a section of M-75 between Walloon Lake Junction and Ecker Road from 6 p.m. Sunday until 1:30 p.m. due to hazardous whiteout conditions and heavy drifting that made a portion of the road impassable.

Charlevoix County Road Commission manager Patrick Harmon said crews were still working to clear drifts from some roads in the county as of press time, Tuesday, and that some

were so deep that front end loaders were required to get the job done.

Reports of downed power lines, fallen trees and tree limbs also grew as the storm intensified, however, dispatchers at the Charlevoix, Cheboygan, Emmet 911 center were able to handle the load as they had anticipated the blizzard would result in a spike in 911 calls and they had prepared by having extra staff on board.

Most all power outage issues in Charlevoix and Emmet Counties for customers at both Great Lakes Energy and Consumer’s Energy had been resolved by Tuesday afternoon, February 26.

Woman crashes into school bus near Thumb Lake

BY MICHELLE MEDJESKY

A Boyne City woman was hospitalized last week after an accident with a school bus in Charlevoix County’s Hudson Township.

Rosalie Prince, 21, of Boyne City, was taken to Northern Michigan McLaren Hospital in

Petoskey after the February 21 crash on Thumb Lake Road, a half mile east of the Thumb Lake public boat launch.

She was the only occupant of her vehicle. No students were on the bus and its driver did not suffer serious injury.

According to a Charlevoix County Sheriff’s Depart-

ment report, the crash occurred just before 5 p.m. as Prince was driving west on Thumb Lake Road when she lost control of her four-door sedan and slid sideways into the oncoming path of a Charlevoix-Emmet Intermediate School district bus.

Prince sustained serious injuries in the crash and was transported to the hos-

pital where she remained throughout the weekend. Her current condition was not immediately available.

Prince’s vehicle was totaled in the crash.

The accident remains under investigation.

BOYNE CITY POLICE DEPARTMENT INCIDENT REPORT

Monday, February 4, 2019
0549 Assist Sheriff Dept. on Marshall.
1018 Assist EMS on Silver St
1041 report of attempted Craig’s List scam
1512 Found cash turned in to PD. Returned to owner.
1526 Civil complaint in the 500 block of N Lake St.
1729 Fraud complaint from the 600 block of Jefferson St.

Tuesday, February 5, 2019
0156 Assist Sheriff Dept. in Boyne Falls
1021 Citation issued for Obstructed Vision at Water and Park Streets

1100 Found gloves turned in to the PD
1248 Driving violation reported originating on Brockway.
1528 Civil complaint at the PD
1537 Report of vehicle left behind the 1910 Building.
1739 PR at high school basketball games
1903 PR at high school basketball games
2213 Assist EMS on Pine Point Tr
2338 Suspicious situation on Brockway

Wednesday, February 6, 2019
0826 Vehicle unlock in the

200 block of N Park St
0848 Juvenile complaint on Brockway St
0948 Snowplowing complaint at Roosevelt and Boice creating a vision obstruction.
1112 Report of vehicle blocking the alley off of S Lake St
1113 Driving complaint from the 300 block of Bailey
1219 Assist EMS in the 1200 block of Pleasant.
1450 Snow removal complaint from the 400 block of N East St.
1457 Assist EMS in the Industrial Park
1545 Assist Sheriff Dept.

with suicidal subject in Boyne Falls.

Thursday, February 7, 2019
1130 PR at the high school.
1346 Private property damage crash in the 1000 block of Boyne Av
2012 Assist EMS in the 200 block of W Cedar.

Friday, February 8, 2018
0607 Assist Sheriff Dept. on M-75 S.
1136 Report of subject hacking friends Facebook account and trying to scam money
1141 Parking complaint at the bottom of the Robinson St

hill. Roadway partially blocked.
2154 Vehicle in the ditch on M-75 s near the city limits

Saturday, February 9, 2019
0136 Disturbance on W Main St. Arrested subject for trespassing.
0924 Report of a suspicious subject in the area of S. Lake St and Lincoln St.
1302 Driving complaint from 131.
1829 Foot patrol downtown.
1906 Assist Sheriff Dept. on Springvale Rd
1937 Vehicle unlock in the 300 block of Harris St.

2305 Assist Sheriff Dept. on M-75 S
2342 Assist EMS and Sheriff Dept. on Addis Rd.

Sunday, February 10, 2019
0015 Arrest subject for assault in the 1400 block of Pleasant.
0114 Intoxicated subject in the 400 block of Lewis.
0151 Arrested subject for OWI on Division St
1728 PR at St. Matthews Catholic Church for Human Trafficking Presentation

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PETOSKEY

LUNCHEON LECTURE LOOKS AT RECREATIONAL MARIJUANA

March 1, 11:30am, NCMC Library Conference Center. On December 6, 2018, the recreational use of marijuana became legal in the State of Michigan, the result of a constitutional amendment approved in November. Medical marijuana has been legal in Michigan since 2008. While marijuana may be used legally in the State of Michigan, it remains illegal under Federal law. What does that mean for our community? Emmet County's chief assistant prosecutor, Stuart Fenton, and Sheriff Pete Wallin will explain. Reservations are required. Individuals registered for January 25 will not be automatically re-registered. Call 231-348-6600 or email luncheonlectures@ncmich.edu to reserve your place at the table. Cost is \$12 (cash or check only – at door) and includes lunch.

EAST JORDAN

EJ PUBLIC SCHOOLS EXTRAVAGANZA

March 2, 5:30-11pm, Castle Farms. Dine, shop and dance at this annual fundraiser for the East Jordan Public Schools. Dress is anything from casual to cocktail party attire. Complimentary Happy Hour from 5:30-6:30 compliments of The Landing. Tickets are \$50 and available at the East Jordan Elementary or Middle/High Schools.

PETOSKEY

19TH ANNUAL TEA FOR TWO

March 3, 2-4:30pm, Emmet County Fairgrounds Community Center. Boyne Area Girl Scout Troop 10252 is holding their 19th Annual Tea for Two, an afternoon for mothers, daughters, and other special women. Join us as we celebrate "Musical Memories - Jukebox Heros & Heroines of Yesterday and Today." Themed costumes are encouraged, and prizes will be awarded to the most authentic, imaginative, and uniquely hand-crafted adornments. Bring your favorite vintage teacup. Good food, friends, and fun will be part of the event, which features the music of local musicians Dos Hippies. A silent auction will also be held, generously sponsored by area merchants. Tickets are limited to 180, available in advance only, for \$13 per person. For more information, call 231-675-1021

BOYNE CITY

FOOD ALLERGIES EXPLORED

March 3, 6:30pm, Lifetree Cafe. The program, titled "Allergic to Food: Living in an Incredible, Inedible World," features a filmed interview with nutritionist Nicole Eckman and provides a glimpse into the life of a woman coping with celiac disease. Participants in the Lifetree program will have an opportunity to understand the realities of living with food allergies and share their own stories. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church, 401 S. Park St., Boyne City. Use the Pine St. entrance.

BOYNE CITY

BC HIGH SCHOOL FUNDRAISER DINNER AT CAFE SANTE'

March 5, 5pm. Cafe Santé's annual Ultimate Job Shadow Day is set with a British-themed dinner created, prepared and served by the Boyne City High

School culinary students. The dinner will be held from 5 p.m. to close with proceeds from the event and 100% of Northwoods Soda sales going to help the students compete at state competition.

PETOSKEY

NORTHERN MICHIGAN HOME SHOW

March 8 & March 9, North Central Michigan College. With the diverse spread of vendors, you will be hard pressed not to find exactly what you need to get the job done. This year's show will heavily focus on workshops and demonstrations. Now in its 43rd year, this is the official home show for the building industry in Charlevoix, Cheboygan, Emmet and Otsego Counties and draws attendees from across the state. Show hours are Friday: 11pm-7pm, Saturday: 9am-5pm. Info at www.hbanm.com

BOYNE CITY

FRESHWATER CONCERTS PRESENTS THE RAGBIRDS

March 9, 8pm, Freshwater Gallery, 217 South Lake Street. The Ragbirds have developed a well-deserved reputation as one of the most dynamic, high-spirited live bands in roots music. A genre-bending hybrid of indie-pop melodies, global rhythms and songwriting styles influenced from all over the world. Tickets: \$30 in advance and \$35 at the door, call (231) 582-2588 to reserve.

PETOSKEY

VIENNA BOYS CHOIR

March 10, 3-5pm, Great Lakes Center for the Arts 800 Bay Harbor Drive. The Vienna Boys Choir has charmed audiences around the globe with rapturous harmonies, purity of tone, delightful repertoire, and charming demeanor. "The angelic voices of this most famous vocal group are ageless" (Salt Lake Tribune). The choir has been synonymous with fine choral music for over 500 years and has collaborated with some of the world's greatest composers, including Mozart and Bruckner. Franz Schubert was himself a chorister. An enchanting evening of music for the entire family! www.viennaboyschoir.net. Tickets start at \$32 per person, visit www.greatlakesca.org/event-detail/vienna-boys-choir/.

BOYNE CITY

MILLENNIAL GENERATION EXPLORED

March 10, 6:30pm, Lifetree Cafe. The program, titled "How the Next Generation Will Change the World: Get ready for the millennial revolution," includes a film featuring millennials sharing how their values will shape our culture as they increasingly grow in power and influence. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church, 401 S. Park St., Boyne City. Use the Pine St. entrance.

CHARLEVOIX

FREE BLOOD PRESSURE CLINIC

March 12, 1-2pm, American House, 615 Petoskey Ave. Free Blood Pressure Clinic hosted by an American House Charlevoix by Hospice of Michigan.

PETOSKEY

PROJECT CONNECT

March 13, 11am-3pm, Odawa Casino. Project Connect is a day of service for those in need in Charlevoix and Emmet Counties. During this one-day event 500 to 1,000 individuals will connect with a range of health and human services provided by around 70 local non-profit agencies and

businesses. Free services are available in areas such as: Education & Employment, Food & Nutrition, Health & Wellness, Housing & Finance, Kids & Parenting, Veterans Affairs and other Social Services. Guests can also receive gifts of personal care items. The idea behind the event is to help people who may be struggling to make ends meet, to have access to the services they need without the confusion, red tape, and waits that often characterize social services.

BOYNE CITY

CELTIC WEEKEND

March 15-17, Boyne River Inn, 209 Water Street. Family fun includes photo station, Irish and Celtic Food Specials, Live Podcasts by "The Fat Irish Nerd" and Friends, Soda Bread Contest, Hidden Valley Irish Band, Celtic Stories, Poems and Music, a Pub Crawl and more. Event updates on Facebook at Celtic Weekend March 15-16-17

BOYNE CITY

ANGEL ENCOUNTERS EXPLORED

March 17, 6:30pm, Lifetree Cafe. The program, titled "Angels: Are They Reaching Out to You?" features the filmed story of a man who believes meeting an angel in the Rocky Mountains saved his life during a hunting trip. Participants will consider whether angels exist and, if so, whether angels interact with humans. Participants who believe they've encountered angels will be encouraged to share their stories. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church, 401 S. Park St., Boyne City. Use the Pine St. entrance.

CHARLEVOIX

CHAMBER BUSINESS EXPO AND TASTE OF CHARLEVOIX

March 20, 4-7pm, Castle Farms. The Expo offers Chamber businesses and organizations a chance to build awareness in the community by promoting their products and services to fellow businesses, residents, and visitors. Business Expo and Taste of Charlevoix is one of the largest networking events in Northern Michigan and will feature vendor booths in a wide range of categories, including retail, professional, industry, service, tourism and more. This Expo features the Taste of Charlevoix, with restaurants offering attendees a sampling of their culinary specialties. Don't miss this exciting opportunity to taste and vote for your favorite dining establishment. Free Will donations will be taken at the door.

BOYNE CITY

CHAMBER BUSINESS AFTER HOURS

March 21, 5:30-7pm, Pat O'Brien & Associates, 128 Water St. Business After Hours is the Chamber's monthly business networking event, held at member businesses. There is no charge for admission or refreshments. Proceeds from the 50/50 raffle will go towards a local charity.

BOYNE CITY

GLCO PRESENTS CUMMINGS STRING QUARTET

March 24, 4-6pm, First Presbyterian Church of Boyne City 401 S Park St. Please join us for an afternoon of great music featuring the Cummings String Quartet: David Reimer (Violin), Cheryl Zetterholm (Violin), Kim Teachout (Viola), and Elizabeth Bert (Cello).

BOYNE CITY

RESOLVING FAMILY TURMOIL EXPLORED

March 24, 6:30pm, Lifetree Cafe. The program, titled "Family Do-Over: Is It Ever Too Late?" features a screening of the award-winning short film The Ride. Participants will follow the story of a taxi driver whose last passenger on Christmas Eve is deeply troubled by a family conflict, a conflict that feels too painful to resolve. Viewers will discuss the film and consider a question it raises: Is it ever too late for a family to experience healing? Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church, 401 S. Park St., Boyne City. Use the Pine St. entrance.

BOYNE CITY

SEXUAL ABUSE EXAMINED

March 31, 6:30pm, Lifetree Cafe. Potluck at 5:30, bring a dish to share. The program features the filmed story of a woman who suffered childhood sexual abuse. "This brave woman's story puts sexual abuse out on the table for discussion," says Lifetree representative Craig Cable. "We'll consider why the cycle of abuse in families is so difficult to break—and how those who've suffered childhood sexual abuse can find healing." Cable says this particular Lifetree Café program is not appropriate for young children. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church, 401 S. Park St., Boyne City. Use the Pine St. entrance.

BOYNE CITY

4TH ANNUAL BOYNE BEE

April 3, 7pm, Pine Lake Lodge (upstairs at Boyne City Tap Room). This adults-only spelling bee will involve teams of two vying for bragging rights to be the biggest Queen (or King) BEE in Boyne City. You won't want to miss this hilarious event. Grab your favorite spelling partner and enter the competition or show up to cheer on (or jeer) your favorite team. Signing up is easy. You can register online at boynecitymainstreet.com. The entry fee is \$25 in advance for a team of two, or \$30 on the day of the event.

This event is a fundraiser for The 5th Annual Walkabout Sculpture Show, a partnership between artists, the Boyne City Main Street Program, volunteers and sponsors who believe art is a way of life.

BOYNE CITY

STATE OF THE COMMUNITY LUNCHEON

April 11, 11:30am-2pm, Talcott Event Center, 4127 M-75, Walloon Lake. Featuring updates from Boyne City Manager Michael Cain, Charlevoix County Commissioner Chris Christensen, Boyne City School Superintendent Patrick Little, Main Street Executive Director Kelsie King-Duff, and Boyne Area Chamber Executive Director Kim Akin. Tickets: \$25 per person (includes lunch). Register at boynechamber.com

BOYNE CITY

PAINT THE TOWN RED

April 13, Boyne Mountain Civic Center. It's time to Paint The Town Red! Please join us for the 9th annual Rambler night to benefit the Boyne City Booster Foundation, which provides funding in the Arts, Athletics and Academics for our kids. Featuring a buffet dinner, silent and live auctions, and dancing to the band Jedi Mind Trip. Tickets are \$60 and can be purchased at Lynda's Real

Estate and Mark Patrick's State Farm Insurance offices.

BOYNE CITY

FARMERS MARKET

Boyne City Hall, Saturday's, 9 am – Noon. The Boyne City Indoor Farmers Market is located in the main lobby and training room of the City Facilities Building, which is located across the street from the summer market location in Veterans Park. Twenty vendors are confirmed for the indoor market. For more information on the market, visit the Boyne City Farmers Market Facebook page or email farmersmarket@boynecity.com

CHARLEVOIX COUNTY

COMMUNITY FOUNDATION GRANTS

The Charlevoix County Community Foundation announces the availability of grant dollars to support the work of area nonprofit organizations, educational institutions, and municipalities. The deadline to submit a grant proposal is Friday, March 1, 2019. Eligible nonprofit organizations serve residents of Charlevoix County and work to enrich or improve life for local residents. Applications will be reviewed by advisory committees made up of community representatives. The youth advisory committees will review proposals that benefit young people. Committee recommendations will be forwarded to the respective Boards of Trustees. To apply for a grant or for more information, call or email your local community foundation. In Charlevoix County call 231.536.2440 to contact Mishelle Shooks for youth grants at mshooks@c3f.org or Maureen Radke for all other grants at maureen@c3f.org.

BOYNE CITY

KINDER CLOSET

At Christ Lutheran Church is open from 10am to noon on the second Saturday of every month. Free baby items are provided, including diapers, wipes, clothes and more, for any Charlevoix County parent with a newborn to 24 month-old-child. Christ Lutheran Church is located at 1250 Boyne Avenue in Boyne City. For more information, call 231-582-9301.

CHARLEVOIX

WELLNESS WORKSHOPS

Held at Munson Healthcare Charlevoix Hospital Wellness Workshop, 411 Bridge Street. Call (231) 437-3482 for more information.

- Hatha Yoga, every Monday and Friday 7:30-8:30am. The yoga sequences, along with breath work and relaxation techniques will assist in building strength, stamina, flexibility, balance, and increasing body awareness. The use of props, blocks, or blankets make poses easily modified to suit the individual. All levels of fitness are welcome and modifications will be provided as needed. The class is taught by Lisa Hepner is a licensed physical therapist assistant with Munson Healthcare Charlevoix Hospital.

- Wellness Wednesday, every Wednesday from 8am-11am. Health screens include: Total Cholesterol, HDL, TC/HDL Ratio, Glucose Level, Body Mass Index Score, Muscle and Fat Percentages, and a Blood Pressure Reading. No fasting is required. However, if you are fasting and LDL and Triglyceride reading can also be obtained. Cost for the service is \$15. Hemoglobin A1C Levels can also be done for known or borderline diabetics for an additional \$10. Participants will receive all test results at the time of the screening and a "Know Your Numbers" log to

track progress. A Registered Nurse will adapt health consultation and educational materials to individual results. Walk-ins only, no appointment required.

- Full Body Toning Exercise Class, every Thursday from 5:30-6:30pm. The first class is free as are all yoga and strength training classes. If you enjoy your first class, low-cost punch cards available and are good for any of our classes. Call (231) 437-3482 for more information or email chx-wellness@mhmc.net to have our calendar emailed to you monthly.

BOYNE CITY

FREE COFFEE, DOUGHNUTS & LUNCH FOR VETERANS

The community of Boyne City will be hosting a free social gathering for all veterans from 9 to 11 a.m. on the fourth Tuesday of the month at the Boyne Area Senior Center. Coffee and doughnuts will be donated by supportive area businesses. The senior center will also offer free lunches to all veterans on the fourth Tuesday of the month, starting in January. The senior center is located at 411 E. Division St.

CHARLEVOIX

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss & bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is no charge to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan provides counseling and support services at no cost to survivors of domestic abuse, sexual assault, child abuse, child sexual assault and adults molested when they were children. Support services include crisis counseling, individual counseling, support groups, trauma therapy (EMDR), play therapy for children, safety planning, advocacy and resources/referrals. If you or someone you care about has been a victim of crime, contact the WRCNM's main office at (231) 347-0067.

NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan offers free playgroups for children 0-60 months and their preschool-age siblings. Playgroups help you learn about your child's developmental stages, learn new children's games/activities and share parenting concerns/experiences with other parents and the playgroup facilitator. Playgroups are held in various northern Michigan communities. For current playgroup locations/times, visit www.wrcnm.org or call (231) 347-0067.

BOYNE CITY

BOYNE DISTRICT LIBRARY PROGRAMS

- Toddler Tales & Tunes every Monday at 10am and Preschool Storytime every Tuesday at 10am. Check website for any date changes. No registration is required.

- Yoga with Reb Andrews 9am every Monday, 8 week sessions/\$5 per week

- Tai Chi every Wednesday, 9am beginners class, 10am advanced class, cost is \$5 per session

- The Boyne District Library Book Club meets at 7pm. Information at www.boynelibrary.org.

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February is Teen Dating Violence Awareness & Prevention Month

During February's Teen Dating Violence Awareness and Prevention Month, the Michigan Department of Health and Human Services (MDHHS) is urging Michiganders to learn and recognize the signs of dating violence.

MDHHS also wants residents to understand the impact teen dating violence perpetrators have on their current or former intimate partners and recognize the importance of empowering everyone to learn about and seek support for victims and interventions for perpetrators. Gov. Gretchen Whitmer has proclaimed February as Teen Dating Violence Awareness and Prevention Month in Michigan.

Nearly 1.5 million high school students in the United States are physically abused by dating partners every year, yet only 33 percent of teenage dating abuse victims disclose the abuse. Forty three percent of college women and 28 percent of college men report experiencing either abuse or controlling behaviors in a dating relationship.

"As a state, we must do more to reduce the prevalence of teen dating violence. The earlier we intervene with young perpetrators, the more likely we are to prevent future victimization," said MDHHS Director Robert Gordon. "The State of Michigan is dedicated to holding perpetrators accountable and employing all necessary measures to reduce their risk and harm to victims."

Dating violence perpetrators cause significant and long-lasting trauma to countless victims by intentionally using a pattern of physical, emotional, sexual, psychological, and economic coercion and abuse to control their intimate partners.

"All Michiganders can play a part in ending teen dating violence," said Debi Cain, executive director of the MDHHS Division of Victim Services. "As caring parents, family, friends, classmates, educators, coaches and co-workers, we can educate ourselves about this critical issue and direct youth to supportive services."

Anyone in an abusive relationship who needs support can call the Teen Dating Abuse Helpline at 1-866-331-9474 or text "loveis" to 22522. To find a local domestic violence or sexual assault program provider, visit the Michigan Coalition to End Domestic & Sexual Violence website. Sexual assault survivors can call 855-VOICES4 for support and referrals.

Starting plants indoors is one easy and inexpensive activity that can be done with plant parts that you usually would throw away. These plant parts can potentially make beautiful

Winter Gardening Activities for Children

house plants. In an article, Kids' Winter Gardening Activities by horticulture educator Martha A. Smith of University of Illinois Extension she explains, "Garbage gardening is a great way to show kids that many of the things we throw away have value."

Avocado pits and orange, lemon or mandarin seeds can easily be started indoors. Rootcrops, such as beets, carrots and turnips, have leafy tops. Cut about one inch off the top of the vegetable and plant it into moist sand with only the top part exposed. Keep the soil moist and small leaves will start appearing in about 10 days. Talk to the children about the plants. Which part of each plant do they eat? Do the veggies taste the same or do the flavors vary? Have children experiment and put the starter plants into various locations in the house — some with more light exposure and some with less

light exposure. Children could measure the size of each plant every few days and keep a log. Then have them compare the growth of the plants and discuss what differences in growth patterns the children notice. What could be the reason for the differences?

Cornell University Garden Based Learning suggests bringing spring inside by using the forced twig and/or forcing bulbs for indoor bloom lesson plans. Kids usually love getting their hands into soil to plant, watching the bulbs sprout and seeing buds develop. Having a plant clinic could be another way to both revive sad looking house plants and introduce children to plant science. Children can repot overgrown houseplants, plant plantlets of spider plants or pick off faded leaves on your plants. Older children could help younger children with this activity.

Don't like the mess? Go virtual. The MSU Children's Virtual Garden is an excellent resource to introduce children to gardening online in a safe, fun and educational environment. You can learn more about the website by reading another MSU Extension article, Fun and learning at the MSU 4-H Children's Virtual Garden.

This article was published by Michigan State University Extension. For more information, visit <http://www.msue.msu.edu>. To have a digest of information delivered straight to your email inbox, visit <http://www.msue.msu.edu/newsletters>. To contact an expert in your area, visit <http://expert.msue.msu.edu>, or call 888-MSUE4MI (888-678-3464).

Submitted by Insa Raymond, Michigan State University Extension

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Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



Great results from short-term weight training

Actor/comedian Alec Baldwin started a strict weight-loss plan after learning he was prediabetic. With the help of his wife, Hilaria, Baldwin cut out most sugar and started a daily exercise regimen that included spin classes and Pilates. He also took up weight-bearing exercise — by lifting his toddler, Rafael, up and down until he broke a sweat.

Research suggests the actor was onto something. A new study highlights the positive health effects of a short-duration, high-intensity resistance exercise training program in overweight men. Guys, that's most of you. Stats show that more than 73 percent of U.S. males are overweight or obese!

In the study, published in Experimental Physiology, men underwent a six-week training program that consisted of three 15-minute exercise sessions weekly. Each training session included one set of nine standard resistance exercises, such as leg presses and bicep curls, enough to leave participants fully spent.

The researchers found that these short bouts of tough exercise were as effective in increasing muscle mass and function as 45-minute resistance workouts, and they improved insulin sensitivity, important for battling prediabetes and diabetes, by 16 percent!

So, guys and gals, if you're trying to manage diabetes and shed a few pounds, consider doing 15 minutes with weights and/or stretch bands three times weekly. For weights, start with two- to five-pound hand weights, or grab two cans from your pantry, then work up to lifting a nearby toddler! It's a great way to exercise in front of the television, maybe even during one of

Baldwin's comedic impersonations!

Contact with mom is important for successful breastfeeding

When Mila Kunis, wife of Ashton Kutcher and star of "Bad Moms" (really, she's a good one), breastfed her now 4-year-old Wyatt Isabelle in public, she had a straightforward answer to the question, "Why?"

"Because I had to feed my child. She was hungry."

That clear-thinking attitude toward caring for an infant is now more mainstream and the Centers for Disease Control and Prevention reports that breastfeeding rates are rising. Over 80 percent of mothers begin breastfeeding their babies at birth, and 51.8 percent are still breastfeeding at six months of age.

Now, new research from Dr. Mike's Cleveland Clinic reveals a surprising way to increase breastfeeding rates even more. Don't rush baby off for a bath right after birth; it reduces skin-to-skin contact, interferes with bonding, chills the little one (not nice!) and interferes with easy latching on.

The researchers looked at the breastfeeding differences between quick bathing and simply wiping off the baby's skin before leaving the child on mom's torso (bathing happened 12-plus hours later). They found that exclusive breastfeeding rates went up from 59.8 percent for moms with immediately bathed babies to 69.2 percent for no-immediate-bath-for-baby moms.

Beyond the well-documented boost to baby's immune strength that comes from breastfeeding, it turns out that as breastfeeding rates go up, lifetime medical costs associated with maternal and childhood illnesses decrease by \$13 to \$17 billion! So if you're headed for delivery, let your doc know that you're interested in postponing your newborn's bath (moms are demanding it). You and your baby will

benefit in many ways.

Arrested development

With Chicago's mayor and chief of police on the take, Al Capone thought he was above the law. It wasn't until after the St. Valentine's Day Massacre that Capone fell out of favor with his influential friends and became "Public Enemy No. 1." He was finally nabbed on tax evasion charges and sentenced to 11 years in jail. That arrested development of his criminal enterprises, and Chicago was a different town when the syphilis-riddled con was released in 1939.

On the other hand, arrested development is a crime when it comes to your kid's brain! A new study from the University of Calgary found that a child's rapidly developing brain and thirst to learn new things come to a halt when he or she is stuck in front of a digital screen, performing repetitive tasks day after day.

Researchers tracked one set of 36-month-olds who logged 25 hours per week of screen time, and another set of 36-month-olds who watched for 11 hours weekly. (In the U.S., on average, children watch more than 16 hours a week.) They then examined developmental test results in the same children at 60 months and found that those with increased screen times showed poorer performances on developmental testing. The same held true for 24-month-olds tested again at 36 months.

Mom, Dad, it's not enough to cut down (near zero) on a kids' screen time. Replace it with learning opportunities, like reading a book or going on an adventure. It means a lot to a child's growth to spend face-to-face time with you!

Flu vaccination important for people with COPD

Comedian and late-night TV host Johnny Carson died in 2005 from emphysema. That and chronic bronchitis are the two most common forms of chronic obstructive pulmonary disease. Smoking is the No. 1 trigger of COPD (Carson smoked a lot, even on air), but it also can develop from exposure to air/industrial pollution. COPD is the third leading cause of death in the U.S.

Unfortunately, COPD often is diagnosed only when it's advanced. People dismiss shortness of breath or fatigue as signs of normal aging (they are not!), and they don't ask their doctor to investigate the true cause of such symptoms!

If you're one of the 11 to 15 million folks in the U.S. with COPD, you're vulnerable to a roster of health problems, including heart disease, lung cancer, pulmonary high blood pressure and depression. Now, research has identified yet another reason why everyone with COPD needs to take extra care of him- or herself.

A study published in the journal Chest found that when people with COPD get the flu, one of every five requires intensive care, and one out of 10 dies. Even people with mild COPD who get the flu are more likely to develop pneumonia and other respiratory diseases than the rest of the population.

So if you have COPD, it's important to get the flu vaccine — even now if you have put it off! (Make sure those around you are vaccinated, too.) If you suffer from COPD and get the flu, see your doc pronto!

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

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DAVE Says



Dave Ramsey

(Insurance and savings)

Dear Dave,
I just realized our insurance has a health savings account (HSA) option. We've considered dropping this insurance soon and going to a cheaper Christian medical sharing program. We've got about \$19,000 in debt between credit cards and a car payment, and we're on Baby Step 2 of your plan. Our thought was to fund the HSA for a period of time as a means of saving, cancel that policy, then go over to a medical sharing program we found that costs \$600 a month less. After that, we would start paying down debt again. What do you think?
Amy

Dear Amy,
There are two components to an HSA, the insurance component and the savings component. You don't have to participate in the savings component. The insurance component is simply a large deductible, 100 percent coverage after the deductible, cheaper-premium health insurance plan. If I were in Baby Step 2, I would not do the savings component. I would only do the insurance component, or I'd do the medical sharing program.

I'm not sure why you'd need to jump back and forth if you're going to permanently move to a medical sharing program. I get the idea of saving money, but what you're talking about isn't something I'd recommend for someone who's in debt. I wouldn't fund a savings account of several thousand dollars only for medical when you're not even on Baby Step 3, which is saving an emergency fund of three to six months of expenses. That money needs to be used to pay off debt first.

It's not the end of the world if you don't fund the HSA portion of your current insurance plan. If you went with a medical sharing program, and just saved up a large emergency fund, the only thing you'd really lose out on is the tax deduction associated with an HSA.

Good question!

—Dave

* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 15 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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Consumers Energy representatives recently presented \$25,000 to the Energy Fundamentals: Line Worker Emphasis program housed at Boyne City High School. Pictured for the celebration are (from left) instructor James Rincon, Great Lakes Energy; Richard Scott, Consumers Energy Manager Electric Apprenticeship Programs, Marshall Training Center; Pat Little, Boyne City Superintendent; Tim Petrosky, Community Affairs Regional Manager for Consumers; instructor Derek Maki, Great Lakes Energy; and Karen Jarema, Boyne City High School Principal. Courtesy photo



Students join in the celebration of the \$25,000 grant award from Consumers Energy that will help them continue on the path of training to become line workers. Courtesy photo

Consumers Energy Foundation grant awarded to BC High School

A new Career and Technical Education program offered at Boyne City High School has sparked the investment of regional and statewide energy companies, who have contributed tens of thousands of dollars in grants, in-kind donations, critical equipment and resources to help get the class off the ground this school year. The Energy Fundamentals: Lineworker Emphasis class recently received a large donation to help fund its continued suc-

cess: \$25,000 from the Consumers Energy Foundation.

"Consumers Energy is dedicated to ensuring all Michigan residents are thriving economically with access to world-class educational resources," said Carolyn Bloodworth, secretary/treasurer of the Consumers Energy Foundation. "We are pleased to support the program with a grant that will allow Boyne City High School to continue to safely prepare Northern Michigan stu-

dents with the skills and talent to enter the workforce in an industry with growing demand."

Launched in 2018, the Energy Fundamentals program is the result of a collaboration among Boyne City Public Schools, Charlevoix-Emmet Intermediate School District, Consumers Energy, Great Lakes Energy and DTE Energy. The class is led by two instructors, Derek Maki and James Rincon, who are experienced line workers from

Great Lakes Energy, headquartered in Boyne City. Consumers Energy staff also regularly visit and share expertise. During one such recent visit, students joined their instructors and administrators in celebrating the grant award.

"We are so grateful to the Consumers Energy Foundation for sponsoring and helping to support this program," said Karen Jarema, Boyne City High School Principal. "This program would not exist without the

partnerships with these three companies and their many donations for our students. The \$25,000 is an amazing gift to support a great and growing program."

Jarema noted that 10 students are currently enrolled in the class, which is structured as a one-year program. Throughout Char-Em ISD, all CTE classes are open to any student in any ISD district; in fact, the line worker class includes East Jordan and Boyne Falls students. It is open to juniors and seniors and will be offered again in the 2019-20 school year.

"We have exceeded our expectations in the first year due in part to the partnerships that have been cultivated and created," said Jarema. "The students are not learning about content sitting in a classroom; they are out on-site, climbing poles and wearing the gear. We would not have been able to provide this level of expertise without our partners."

The \$25,000 grant from Consumers Energy will be used to help support the program for the remainder of this year and into next school year, including purchasing equipment. Jobs in the energy sector, and line workers in particular, are expected to be one of the most in-demand career fields in the years ahead, according to Jim Rummer, Char-Em ISD Career and Technical Education Director. This prompted the CTE team to encourage the pro-

gram's creation.

"We are so grateful for the continued partnerships and support from our local and statewide energy providers," Rummer said. "They know they'll be relying on the students coming out of our program to fill important positions in their companies. Their continued collaboration and Boyne City's commitment to making this class happen will ensure that Michigan will have a solid core of workers ready to take on this critical work in the years ahead."

Jarema was excited to share that two students in the class have been accepted into a two-year line worker training program at Northern Michigan University, and others have applied to training programs offered by utility companies directly.

"What makes this program really special is the commitment of the companies and the knowledge of their employees who come and are willing to share that with the students," Jarema said. "The students enjoy being able to ask specific questions and learn from those who are on the job every day. It gets them fired up to pursue a career in this important field."

Students who are interested in enrolling in or learning more about the Energy Fundamentals: Line Worker Emphasis program, or any Career and Technical Education, are encouraged to talk with their counselor or principal.

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DNR NEWS

DNR Wildlife Divisions offers summer jobs

If you or someone you know is seeking valuable experience working in wildlife conservation – or just an interesting job that gets you outdoors – consider applying for one of more than 200 summer and fall positions with the DNR Wildlife Division.

The division regularly hires additional staff to work these seasons at DNR state field offices, customer service centers and state game areas. Seasonal staff helps in several areas, such as:

- Assisting with wildlife habitat maintenance and improvement, which may include cutting clearings and adjusting water levels.
- Mowing, landscaping and facility maintenance duties.
- Handling tasks related to wildlife surveys, nuisance animal control and equip-

ment maintenance. Collecting biological data and samples for wildlife disease monitoring.

Assisting hunters at DNR deer check stations.

"These positions are perfect for college students, those looking to re-enter the workforce, and seniors or retirees who want to be involved in the outdoors," said Jennifer Schafer, Wildlife Division's human resources liaison.

Some seasonal positions currently are open for application, and more will become available in the spring. Learn more about seasonal positions in the Wildlife Division – and other openings throughout the department – at Michigan.gov/DNRJobs; scroll to the Seasonal and Temporary Positions section.



The DNR Wildlife Division has more than 200 summer and fall positions available to fill. (courtesy of DNR)

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